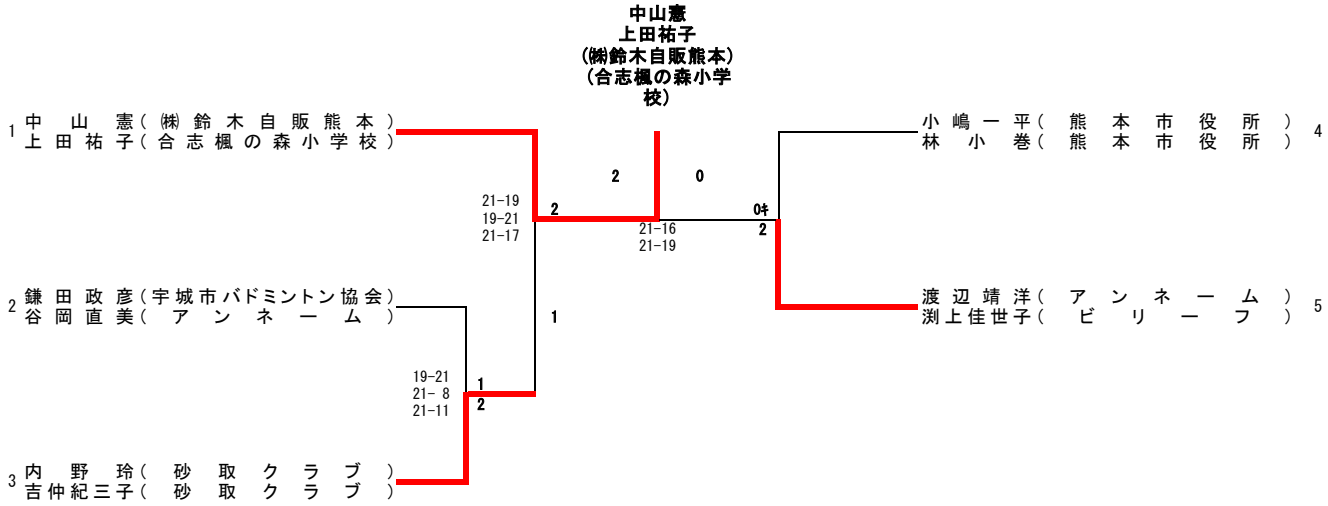40歳以上混合ダブルス(40XD)